# **France Packing List**

This packing list is a guideline and may not include all the things you need, especially if you are on an extended or specialized trip, but it should give you a beginning point to make your trip more enjoyable and easier to manage.

### Must haves:

- Passport (up to date)
- Itinerary with all travel confirmation numbers (Savvy Nomad provides this for the portion of the trip we have planned for you)
- Credit cards (can get cash from ATMs in France)
- PIN numbers for your credit cards + notify all CC companies when & where you will be traveling
- Emergency info: contact, doctor, allergies, etc.

### Personal items:

- medication / medical gear / emergency meds (i.e.
  EpiPen for bee sting / food allergy medication)
- sunscreen
- toiletries
- camera / phone / earbuds / Pocket Earth map app
- charging cords / EU plug adapter / 12 volt adapter
- headlamp or small flashlight
- extra batteries
- ear plugs
- blister fixers (band-aids, etc.)
- extra glasses / contacts
- secure wallet/purse or travel wallet/purse
- small day pack and/or a market shopping bag (to carry personal items while walking & shopping)
- picnic prep: corkscrew, knife, utensil, cups (opt.)
- small first aid pack (opt.)
- bug repellent (opt. bugs not too bad on the canals)
- laundry pins, line, soap (depends on length of trip)
- journal / books / music (opt.)

## Clothing list:

- Underclothes and socks (packing tip: bring older underclothes and throw them away as you travel)
- 1-2 pair shorts
- 1-2 pair pants/skirts
- 3-4 tee shirts and/or tank tops
- 2-3 long sleeve shirts

- 1 "nice" outfit, suitable for dining out
- 1-3 pair of shoes (sandals, light hikers or good walking shoes, and "dressy" shoes opt.)
- 1 swimsuit
- 1 fleece or equiv. for cool nights on the water
- brimmed hat for sun protection
- 1 pair of line handling gloves (opt.)
- warm hat, scarf, gloves, jacket/coat (opt.)
- rain gear / travel umbrella for sun or rain (opt.)

# Clothing tip:

Pack as little as possible but DO include clothes for all weather. We will be outside for 12-16 hours a day. Staying inside the boat is an option but it's not where you will want to be unless you are sleeping, getting a snack, or getting out of the rain.

# Provided on board:

- pillows, sheets, and blankets
- 1 bath towel & 1 hand towel each
- kitchenware

### Final reminders:

- Inform your credit card providers where and when you will be traveling.
- Purchase / finalize your travel insurance.
- Finalize your overseas calling plan.
- Pack as lightly as possible. You will be hauling your gear up and down stairs, on and off trains, over cobblestone streets and sidewalks, and you will have minimal storage space on board.
- French countryside is casual so do bring/wear comfortable clothes. We like to bring one nice outfit for restaurant dining.
- Bring a few things for comfort on the plane: toothbrush & other toiletries, thick socks so you can go w/o your shoes, and maybe a change of clothes in case your luggage gets lost.