



SAVVY NOMAD

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TRAVELING
SINCE 1973

France Packing List 2024

This packing list is a guideline and may not include all the things you need, especially if you are on an extended or specialized trip, but it should give you a beginning point to make your trip more enjoyable and easier to manage.

Must haves:

- Passport (up to date); Global Entry/TSA (opt.).
- Digital copy (picture or PDF) of driver's license, passport, vaccine card, emergency info, etc.
- Itinerary with all travel confirmation numbers. (Savvy Nomad provides this for the portion of the trip we have planned for you.)
- Cash + credit cards without foreign transaction fees.
- Debit card (can get Euros from ATMs in France).
- PIN numbers & passwords for **all** cards / accounts you might need to access + notify bank & CC companies when & where you will be traveling.

Personal items:

- Medications & prescription list; medical gear (i.e. CPAP); emergency meds (EpiPen, inhaler, etc.); personal first aid (band-aids, cough drops, etc.).
- Extra glasses / contacts; copy of your prescription.
- Travel size toiletries; sunscreen; ear plugs.
- Camera / phone / earbuds.
- Charging cords / EU plug adapter.
- Headlamp or small flashlight.
- Extra batteries for any devices.
- Secure wallet/purse or travel wallet/purse.
- Small day pack, foldable market/shopping bag.
- Laundry pins, line, soap (depends on length of trip).
- Journal / books / music (opt.).
- Picnic prep: corkscrew, knife, utensils, cups (opt.).
- Bug repellent (opt. - bugs aren't bad on the canals).

Clothing & packing tips:

- Bring older underclothes/clothes and throw them away as you travel.
- Pack as little as possible but **DO** include clothes for all weather. We will be outside for 12-16 hours a day. Staying inside the boat is an option but it's not where you will want to be unless you are sleeping, getting a snack, or getting out of the rain.

Clothing list:

- Underclothes, socks, sleep-wear
- 1-2 pair each: shorts, pants, skirts
- 3-4 tee shirts and/or tank tops
- 2-3 long sleeve shirts
- 1 "nice" outfit, suitable for dining out
- 1-3 pair of shoes (sandals, light hikers or good walking shoes, and "dressy" shoes opt.)
- 1 swimsuit; sarong for swim-cover or picnic blanket
- 1 fleece or equiv. for cool nights on the water
- Brimmed hat for sun protection
- 1 pair of line-handling gloves (opt.)
- Warm hat, scarf, gloves, jacket/coat (opt.)
- Rain gear / travel umbrella for sun or rain (opt.)

On board:

- Included: bedding and linens; stocked kitchen; safety equipment such as life jackets & 1st aid kit.
- Not allowed: hairdryer or other high energy devices.

Final reminders:

- Inform your bank & credit card providers where and when you will be traveling. Use no-foreign-fee cards.
- Purchase / finalize your travel insurance.
- Finalize your overseas phone calling and data plan.
- Be prepared to walk a minimum of 1 mile without stopping (we may walk 3-10 miles per day).
- Pack as lightly as possible. You will be hauling your gear up and down stairs, on and off trains, and over cobblestone streets and sidewalks. Practice walking with your luggage around your house & neighborhood. Practice lifting your luggage overhead.
- French countryside is casual so do bring/wear comfortable clothes. We like to bring one nice outfit for restaurant dining.
- Include in carry-on: meds, travel docs, glasses, digital device & plug, earbuds, toothbrush & mini-toiletries, socks so you can go w/o your shoes on the plane, and **anything else you must have if your luggage gets lost.**