SAVVY NOMAD

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Relax RC Companion

Traveling Since 1973

France Packing List 2026

This packing list is a guideline and may not include all the things you need, especially if you are on an extended or specialized trip, but it should give you a beginning point to make your trip more enjoyable and easier to manage.

Must haves:

- Passport (up to date); Global Entry/TSA (opt.).
- Itinerary with all travel confirmation numbers. (Savvy Nomad provides this for the portion of the trip we have planned for you.)
- Digital copy (picture or PDF) of driver's license, passport, vaccine card, emergency info, etc.
- Cash + credit cards without foreign transaction fees.
- Debit card (can get Euros from ATMs in France).
- PIN numbers & passwords for **all** cards / accounts you might need to access **+** notify bank & CC companies when & where you will be traveling.
- Confirm that your CC will work in France.

Personal items:

- Medications & prescription list; medical gear (i.e. CPAP); emergency meds (EpiPen, inhaler, etc.); personal first aid (band-aids, cough drops, etc.).
- Glasses / contacts / sunglasses.
- Travel size toiletries inc. sunscreen.
- Camera / phone / earbuds / earplugs.
- Charging cords / EU plug adapter.
- Secure wallet/purse or travel wallet/purse.
- Small day pack, foldable market/shopping bag.
- Laundry pins, line, soap (depends on length of trip).
- Journal / books / music (opt.).
- Picnic prep: corkscrew, knife, utensils, cups (opt. - nice to have for extended travel).
- Disposable water bottle (buy a "single use" bottle at the airport and re-use for the length of your trip).

Clothing & packing tips:

- Bring older underclothes/clothes and throw them away as you travel.
- Pack as little as possible but DO include clothes for all weather. We will be outside for 12-16 hours a day. Staying inside the boat is an option but it's not where you will want to be unless you are sleeping, getting a snack, or getting out of the rain.

Clothing list:

- Underclothes, socks, sleep-wear.
- 1-2 pair each: shorts, pants, skirts.
- 3-4 tee shirts and/or tank tops.
- 2-3 long sleeve shirts.
- 1 "nice" outfit, suitable for dining out.
- 1-3 pair of shoes (sandals, light hikers or good walking shoes, and "dressy" shoes opt.).
- 1 swimsuit; sarong for swim-cover or picnic blanket.
- Sun hat, sun shirt, sun glasses.
- Travel umbrella for sun or rain (opt.).
- Fleece or equivalent for layering (all seasons).
- Raincoat, warm hat, scarf, gloves (cool season).

On board:

- Included: bedding and towels; stocked kitchen; safety equipment such as life jackets & 1st aid kit; cheese, plant, & bird books, binoculars, games & more.
- Not preferred: perfumes & other aromatics.
- Not allowed: hairdryer or other high energy devices.

Final reminders:

- Confirm that your debit/credit card will work in France, esp. if your card is a local bank card.
- Finalize your overseas phone calling and data plan.
- Be prepared to walk a minimum of 1 mile without stopping (we may walk 3-10 miles per day).
- Pack as lightly as possible. You will be hauling your gear up and down stairs, on and off trains, and over cobblestone streets and sidewalks. Practice walking with your luggage around your house & neighborhood. Practice lifting your luggage overhead.
- French countryside is casual so do bring/wear comfortable clothes. We like to bring one nice outfit for restaurant dining.
- Include in carry-on: meds, travel docs, glasses, digital device & plug, earbuds, toothbrush & mini-toiletries, socks so you can go w/o your shoes on the plane, and **anything else you must have if your luggage gets lost**.